



37th European Kyokushin Championship
Swinoujscie, Poland
23-26.04.2026



LIST OF KUMITE WEIGHT AND KATA CATEGORIES

No.	Age category	Weight category
1	Girls 12-13	-45Kg, - 50Kg, + 50Kg.
2	Boys 12-13	-50Kg,- 55 Kg,- 60Kg,+60Kg.
3	Girls 14-15	-50Kg,- 55Kg,+ 55Kg.
4	Boys 14-15	-55Kg , -60 Kg,-65Kg,-70Kg,+70Kg.
5	Junior Girls 16-17	-55Kg, - 60Kg,+ 60Kg.
6	Junior Boys 16-17	-65Kg , -70Kg,-75Kg,-80Kg,+80Kg.
7	Youths Women 18-21	-55Kg,-60Kg , -65Kg,+65Kg.
8	Youths Men 18-21	-70Kg,-75Kg,-80Kg,-90Kg,+90Kg.
9	Senior Women 18+	-55Kg,-60Kg,-65Kg,+65Kg.
10	Senior Men 18+	-70Kg,-75Kg,-80Kg,-90Kg,+90Kg.
11	Master Women 40-49	-65kg,+65kg
12	Master Men 40-49	-80kg,+80kg
13	Master Women 50+	-65Kg,+65Kg
14	Master Men 50+	-80kg,+80Kg
15	Girls 12-13	Kata
16	Boys 12-13	Kata
17	Girls 14-15	Kata
18	Boys 14-15	Kata
19	Junior Girls 16-17	Kata
20	Junior Boys 16-17	Kata
21	Senior Women 18+	Kata
22	Senior Men 18+	Kata
23	Master Women 40-49	Kata
24	Master Men 40-49	Kata
25	Master Women 50+	Kata
26	Master Men 50+	Kata

As a kumite rule, the permissible weight difference is a maximum **of 3 kg**.

NOTE: To take into consideration, that the minimum of competitors required to hold the weight and category is established in **4**.

In case of less competitors such category can be altered.